

Our services: physiotherapy

Physiotherapy

Physiotherapy is the treatment method for disease, injury or deformity by physical methods such as exercises, massage and electrotherapy rather than by drugs and surgery.

History

Navajeevana has been running physiotherapy services with qualified physiotherapists for 20 years. The department has modern electrotherapy and exercise therapy equipments to treat all varieties of patients. The department opens week days and all day on Saturdays to serve the people of the southern province of Sri Lanka. In addition, the department conducts regular field visits, visiting clients in their homes, and participates in outreach clinics alongside Navajeevana's other paramedical services.

Conditions treated by physiotherapy

- Joint pains, Neck pains and back pains
- Paralysis like Hemiplegia, poliomyelitis and all muscle weaknesses
- Developmental problems of babies
- Cerebral palsy
- Club foot
- Deformities of limbs
- Nerve injuries
- Post fracture and injury complications
- Arthritis
- Sports injuries
- Advice on slimming and obesity
- Postural dysfunctions like abnormal spinal curves
- And many more...

Consultations

Early treatment will reduce most of problems and makes the healing process easier, so we advise people to try to get the proper treatment in right time to avoid complications. We will soon be providing residential facilities for patients who need to access our services over long distances.

Exercise daily and live healthily

Contact us for more information at:

Navajeevana
320, Mahawela Road,
Tangalle
Sri Lanka

T: 047-2242718/2241345
F: 047 224 0579
E: Navajeevana@slt.net.lk
www.navajeevana.org

